

## **BBE High School Breakfast Menu**

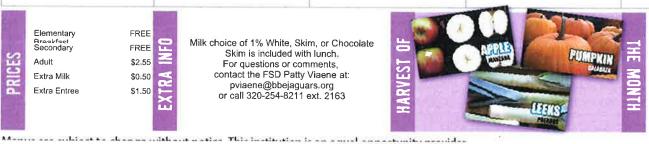
October 2023

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Captain America	4 Rocky Color RUN	5 FOOTLOOSE	6 JAG GEAR
Homecoming Week October 3-6  No School  Coronation at the high school 7:30	USA Melt  Choice of Cereal  Whole Grain Toast  Cinnamon Pop-Tart Fruit Selection  Juice Selection  Milk	Homemade Coffee Cake Cheese Stick Bacon, Egg & Cheese on Biscuit Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection	Breakfast Bowl Whole Grain Toast Choice of Cereal Golden Grahams Cereal Bar Juice Selection Fruit Selection Milk	BBE Breakfast  BBE Homernade Muffin Choice of Cereal Whole Grain Toast  Juice Selection Fruit Selection Milk
9 NO SCHOOL	10 Bacon, Egg & Cheese on Bagel Banana Choc Chip Muffin Cheese Stick Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection Milk	11 Breakfast Flatbread Breakfast Banana Split Yogurt Parfait Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection Milk	12 Breakfast Bowl Whole Grain Toast Choice of Cereal Choice of Grain Juice Selection Fruit Selection Milk	13 CHEF CHRIS Biscuits & Gravy Breakfast Pizza Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection Milk
16	17	18	19	20
Chocolate Frosted Long John Breakfast Flatbread Choice of Cereal Whole Grain Toast 100% Apple Juice Fresh Fruit Bar 1% Unflavored Milk	Breakfast Sandwich  Coffee Cake Choice of Cereal Whole Grain Toast  Juice Selection Fruit Selection Milk	Pumpkin Apple Muffin Cheese Stick Breakfast Pizza Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection Milk	NO SCHOOL	NO SCHOOL
23 NO SCHOOL	24 Breakfast Pizza Cocoa Puffs Cereal Bar Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection Milk	Banana Chocolate Loaf Cheese Stick Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection	26 Breakfast Bowl Choice of Grain Choice of Cereal Whole Grain Toast Juice Selection Fruit Selection Milk	Pancake on a Stick  Pumpkin Pie Parfait Choice of Cereal Whole Grain Toast  Juice Selection Fruit Selection Milk
30 NO SCHOOL	31  Black Cat Pumkin Mag Ghost Bats Spells  BOO  Haunted Beverage  Witch's Brew			

Elementary FREE Secondary FREE \$2.55 Extra Milk \$0.50 Extra Entree \$1.50

Milk choice of 1% White, Skim, or Chocolate Skim is included with lunch. For questions or comments, contact the FSD Patty Viaene at: pviaene@bbejaguars.org or call 320-254-8211 ext. 2163



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